

DR. KIMBERLY K. SHORT

OPERATING-ROOM STYLE I'm a perfectionist. It may take me a little longer, but I'll make sure I'm happy with every stitch **WHY DID YOU BECOME A PLASTIC SURGEON** Anatomy has always fascinated me. I enjoy the opportunity to sculpt the human body, making lasting changes for patients **WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY** It's artistic to me. When I look at sculptures of the human body, I don't see them as nude—I see them as art. Recreating that beauty is exciting **WHAT ONE LIFESTYLE CHANGE COULD MOST BENEFIT OUR HEALTH** Exercise, nutrition and antioxidants are all important, but above all, a positive attitude. You've got to be happy **PLACE YOU GO TO ESCAPE THE OFFICE** I can't wait to get home to see my kids **FRAMED PHOTOS ON YOUR DESK** My four kids—two boys, 11 and 7, and two girls, 5 and 3

UNFURROW THAT BROW

Dr. Short performs three kinds of **BROWLIFTS**, each aimed at rejuvenating the entire upper face. Because the brows frame the eyes and are critical for expressions, the browlift procedure can greatly benefit the face with minimal recovery. According to Dr. Short, younger patients are often candidates for an endoscopic browlift which involves small incisions using a TV camera during the surgery. Patients over 45, may require a larger incision to address excess skin. This incision may be made in the scalp without cutting the patient's hair. Alternatively, Dr. Short may also make an incision at the hairline, which can correct a high forehead. By using **SMALL, METICULOUS SUTURES** this scar may be almost invisible. The incisions and hairline changes are camouflaged to allow her patients to wear their hair any way they want.

INSIDE INFORMATION

image maker

Dr. Kimberly K. Short brings a list of impressive credentials, including ten years of medical training and two cosmetic surgery fellowships, as well as experience with a number of European plastic surgeons prior to beginning her own practice in 1996. But perhaps the most important thing she offers to her patients is compassion.

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

Indiana University School of Medicine

PLASTIC SURGERY RESIDENCY

Butterworth Hospital, Michigan

AESTHETIC SURGERY FELLOWSHIP

James Carraway, M.D. - Norfolk, Virginia

FACIAL COSMETIC SURGERY FELLOWSHIP

Drs. Baker, Gordon, Stuzin and Baker - Miami, Florida

AFFILIATIONS

American Society for Aesthetic Plastic Surgery
American Society for Plastic Surgeons
Fellow, American College of Surgeons
International College of Surgeons

AREAS OF EXPERTISE

Abdominoplasty (Tummy Tuck)
Breast Augmentation
Browlift
Liposuction
Rhinoplasty

LOCATION

Indianapolis, Indiana

“We don't aim for a 'plastic surgery' look. We want our patients to look as natural as possible.”

—KIMBERLY K. SHORT, MD, FACS

For one thing, Dr. Short herself has enjoyed the benefits of cosmetic surgery. During her fellowship she had a browlift and her eyes rejuvenated by her mentors. This allowed her to experience first-hand what her patients would be going through and has given her a unique perspective. Dr. Short, who turns 40 this year, also strongly believes in preventative maintenance and routinely uses Botox® and Restylane™ to maintain a healthy, youthful look. She says she performs 150 to 200 breast augmentations annually in addition to numerous body contouring procedures. Dr. Short also has four children, so she knows what it's like to go through pregnancy, childbirth and breastfeeding. Dr. Short's life experience has made her especially sympathetic to young mothers seeking breast and abdominal procedures. “Most of my patients just want to get back what they had before children,” she notes.

Dr. Short brings her empathetic skills to bear during the assessment phase of a treatment, working attentively to educate her patients about the pros and cons of every possible procedure. “My staff and I spend a lot of time talking to patients about what they want,” says Dr. Short. “Our goal is to ensure patients understand what results we can achieve and that they will be very happy with those results.”

The Gillian Institute puts a premium on customer service, and patients get Dr. Short's home number and cell number to call any time of the day or night. The practice name, Gillian, is named after one of Dr. Short's daughters, which means “youthful one.” 317-859-3260 or newbeauty.com/short.